Sagbar for employers and managers

An employee stutters. This sheet shows what often helps at work and what Sagbar is.

At work

- Give them time to speak. Do not finish sentences and do not rush.
- Offer options in meetings and calls, for example an agenda in advance, chat or written follow-up questions.
- Ask what helps instead of guessing. Every person who stutters has their own ways.

Good to know

- Stuttering says nothing about competence or intelligence.
- Whether someone talks about their stuttering in the team is their own decision.
- Sagbar is a private self-help app without an account. No data goes to employers.

Sagbar is a self-help app. It does not replace speech and language therapy and does not make a diagnosis.